

Information Sheet for the Bereaved

What is the Service?

A free, brief therapeutic service for individuals and whānau needing specific support for bereavement by suicide. It fits within the range of services that support bereaved to navigate the loss.

Who is it for?

The service is available to anyone impacted by suicide loss (whānau, friends, colleagues, discoverer, communities). It is available to all ages at any time following a death by suicide. Children/Young people (under 16 yrs) will need a trusted adult to support them to participate.

Who delivers the Service?

- Local Providers will be available in each region
- All providers have specific training in suicide bereavement
- A national network of providers with diverse skills and background.

What could you expect?

Providers to use a practice framework that focuses on:

- Trauma Informed approach
- Suicide bereavement and support skills
- Incorporates your worldview.

How is the Service delivered?

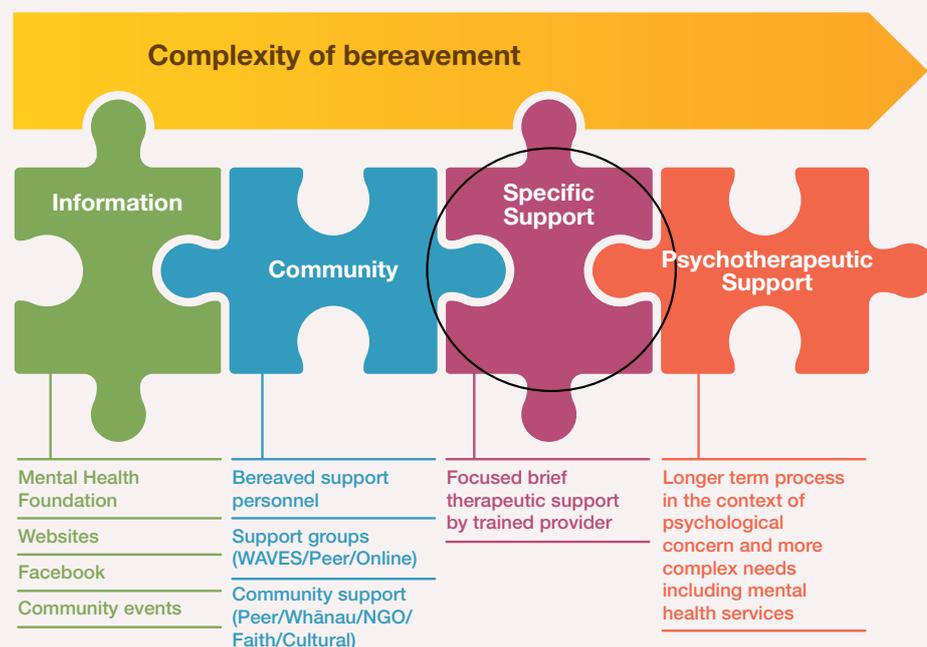


- Individual, Family, or Whānau group



- Face to Face, Telephone or Online
- At least six hours of support (i.e. approximately six sessions) per person will be available.

Continuum of Bereavement Support Services



How will the service meet the needs of Māori?

- The design and delivery of the service has included input from key Māori stakeholders, whānau with lived experience, clinical expertise, and literature
- We will continue to identify Māori Providers in each region
- Non-Māori Providers will be expected to be culturally responsive in working alongside whānau.

How will the Service meet the needs of different population groups?

- The design and delivery of the service included input from a range of different stakeholder groups. Continued engagement will occur with these groups
- Online Providers will increase your options to choose a Provider that meets your needs
- Ongoing feedback will be sought from service users.

How do you contact the Service?

- You can make initial contact by emailing referrals@aoake-te-ra.org.nz, or leave a message at **0800 000 053**, or
- You can refer yourself using the online self-referral form on www.aoaketera.org.nz, or
- Someone else can make a referral for you via a referral form on www.aoaketera.org.nz.

We want to make sure this service is a good fit for you right now

We want to be able to respond to your needs and also make sure that this service is a good fit for you right now. Some things to think about are...

