

Information Sheet for Referrers

What is the Service?

A free, brief therapeutic service for individuals and whānau needing specific support for bereavement by suicide. It fits within the range of services that support bereaved to navigate the loss.

Who is it for?

The service is available to anyone impacted by suicide loss (whānau, friends, colleagues, discoverer, communities). It is available to all ages at any time following a death by suicide. Children/Young people (under 16 yrs) will need a trusted adult to support them to participate.

Who delivers the Service?

- Local Providers in each region
- Providers who have specific training in suicide bereavement with varied skills and experience
- Online providers will also be available to enable bereaved to access a diverse range of providers.

What the service provides?

- At least 6 hours (or sessions) per person
- Free tailor made service focused on the needs of the bereaved
- Suicide bereavement and support skills from a therapeutic framework
- Incorporates the worldview of the bereaved

How is the Service delivered?

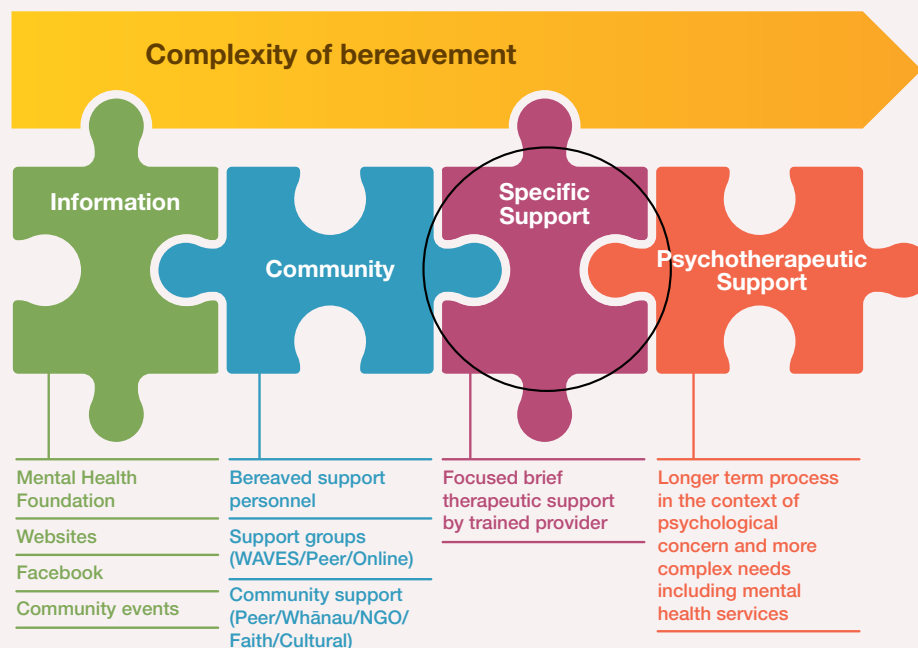


- Individual, Family, or Whānau group



- Face to Face, Telephone or Online
- At least six hours of support (i.e. approximately six sessions) per person will be available.

Continuum of Bereavement Support Services



How will the service meet the needs of Māori?

- The design and delivery of the service has included input from key Māori stakeholders, whānau with lived experience, clinical expertise, and literature
- We will continue to identify Māori Providers in each region
- Non-Māori Providers will be expected to be culturally responsive in working alongside whānau.

How will the Service meet the needs of different population groups?

- The design and delivery of the service included input from a range of different stakeholder groups. Continued engagement will occur with these groups at a national level
- Local hui to discuss input from various populations will occur in each region
- Online Providers will increase bereaved options to choose a provider that meets their needs.

How do I refer?

- You can refer by emailing referrals@aoake-te-ra.org.nz, or phone **0800 000 053**, or use the online referral form on www.aoaketera.org.nz
- Any agency can refer and bereaved can self-refer to provide easy access to the service.

Is this the right service right now?

We want to make sure the service is the right one for bereaved. Some things to think about are...



Things to ensure you have done before you refer:

- ✓ Person/ Family/ Whānau are impacted by a loss by suicide
- ✓ Person/ Family/ Whānau have been informed about this service
- ✓ Person/ Family/ Whānau consent to the referral being made
- ✓ Person/ Family/ Whānau are aware that this is not a crisis/ acute mental health service
- ✓ Child/ Young person bereaved by suicide has an identified trusted adult to support them to participate



Our Referrals team are available to talk with you about the service and its fit to your needs.

- ▶ referrals@aoake-te-ra.org.nz
- ▶ **0800 000 053**
- ▶ aoaketera.org.nz