

# Aoake te Rā: Bereaved by suicide service

## Provider information (Registered Providers)



Thank you for expressing interest in CASA's Provider role for the Aoake te Rā: Bereaved by Suicide Service. Requirements for this role have been informed by information gathered from bereaved by suicide and those supporting them.

This information sheet is for Providers who are registered with a professional practitioner body.

### The Role

This service is part of a suite of services for bereaved and sits between bereavement community support services and specialist mental health services/longer term grief counselling. Please see the Service Information sheet.

Aoake te Rā: Bereaved by Suicide Service providers will:

- provide tailored specialist brief therapeutic support (approximately 6 hours for each individual) to bereaved by suicide using existing skills and knowledge combined with the specialist skills and knowledge gained from the framework provided in the Service specialist training
- provide focused, brief therapeutic support to individuals, couples or whānau bereaved by suicide delegating allocated hours in a way that best suits their specific needs
- provide this therapeutic support with a focus on working within the framework and content as provided in the specialist training
- support the bereaved to provide session and service feedback using the identified methods
- create a wellbeing plan for each individual/whānau which includes a clear transfer of care plan when appropriate
- screen and assess for suicide risk and refer on as necessary
- connect with local community support and mental health services as needed
- use the Service Provider portal and database to access resources and record basic work details
- regularly attend group coaching/peer support groups.

### Person Specifications

#### We are looking for providers who:

- Are registered practitioners (eg: social worker, counsellor, psychologist)
- Have skills in grief and/or suicide bereavement
- Have experience in managing mental health concerns and suicide risk
- Are culturally responsive
- Utilise trauma informed care approaches
- Are willing to attend specialist training and regular group coaching sessions
- Are able to work in a developing environment
- Are open to working using telehealth

#### Important qualities for Providers:

- Empathic
- Good listener
- Non-Judgemental
- Connected to the community and associated support systems
- Genuine
- Relatable

## Training and Pre-training Requirements

### One day specialised training

All Providers must attend the Aoake te Rā: Bereaved by Suicide Service specialist training which is based on the key content identified through the co-design process. This is a one-day kanohi-ki-te-kanohi or two three-hour modules via zoom online.

### Pre-requisite training and reading

We acknowledge that Providers bring different wisdom, skills, and experience to the role. We ask that Providers complete some pre-requisite training and reading to enable everyone to participate in the training with some common understandings. This enables the training to remain focussed on a specialist response to bereavement by suicide. There are three areas of prerequisite training (reading list and links will be provided):

- Suicide prevention (eg LifeKeepers online training)
- Cultural responsiveness
- Trauma informed care

## Ongoing Coaching and Support

To ensure safety and effectiveness of the service, ongoing support and coaching is built into the service expectations. This includes:

- Provider attendance at regular group coaching/peer support sessions which will offer support, upskilling and learning via discussion with other Providers and experienced coaches.
- Consultation as needed around suicide bereavement available through the coaches and service Intake team helpline
- A Provider portal with resources to assist the mahi and support continued learning in this area.

## Provider Availability

Providers will set their own availability; however, it is envisioned will ideally work with (at minimum) around one new person/whānau bereaved by suicide a month (dependent on number of providers in that area). Given bereaved have choice in who their provider is however, CASA cannot guarantee that you will receive referrals.

## Remuneration

Under a fee for service arrangement, Providers will be remunerated as follows:

- Sessions (approximately 4 per bereaved) - \$140 per hour + GST
- Supervision/coaching – at \$70 + GST for the session
- Admin - 15 mins per session at \$70 per hour +GST (this will be automatically added to each session charge)
- Transfer of care/extra admin – 30 mins per bereaved at \$70 per hour +GST (when needed, this will be automatically added when the final session is charged).



**If you are interested in becoming a provider or have any questions please contact [providers@aoake-te-ra.org.nz](mailto:providers@aoake-te-ra.org.nz)**